Adverbs of frequency

1. True or False.

Read and circle True or False.





I always go to the cinema on Sunday mornings because it's cheaper. I usually go with my friends but sometimes I go with my parents. I always take sweets with me but I buy a drink there. I never get popcorn because I hate it! How often do you go to the cinema?

a.	I go to the cinema on Sundays.	True	False
b.	I sometimes go with my friends.	True	False
C.	I go with my parents every time.	True	False
d.	I don't buy sweets at the cinema.	True	False
e.	I take a drink from home.	True	False
f.	I get popcorn every time I go.	True	False



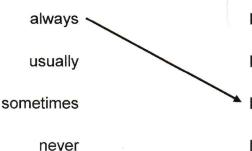
We can use **adverbs of frequency** to talk about how oftenwe do something.

Remember to put the adverb of frequency before the main verb.

2. Match them up!

Match the adverbs of frequency with the examples.





I go swimming only if I have nothing else to do.

I don't go swimming – I can't swim!

I go swimming every chance I can - I love it!

I go swimming a lot, but not when I have extra homework